

APPENDIX A

READING RESOURCES

Education from the bench is a valuable and little used tool in Family Court. With greater than 85% of litigants representing themselves, the judge is likely the best source of education for parents in the process of divorce. Judges can refer parents, grandparents, and other parties to books, websites, classes and other educational resources. Parties can be encouraged to learn more about a host of topics such as child development, co-parenting, step-parenting, decreasing conflict, being child centered and more. For parents who are illiterate or impoverished, the court may print out materials for them and ask that a court advocate, counselor, family member or librarian share the information with the parent.

What follows in APPENDIX A are books and websites for judges, parents, professionals, step-parents, grand-parents and children.

I. DIVORCE

BOOKS ON DIVORCE

For Judges

- Impasses of Divorce - Janet Johnston & Linda Campbell
- For Better or for Worse – E. Mavis Hetherington
- In the Name of the Child - Janet Johnston & Vivienne Roseby
- Parenting After Divorce - by Philip M. Stahl

For Parents¹

- 101 Little Instructions for Surviving Your Divorce: A No-Nonsense Guide to the Challenges at Hand, by Barbara Walton

¹ The authors thank Phil Stahl, author of Parenting After Divorce, who provided the original list of books on divorce.

- 101 Ways to Be a Long-Distance Super-Dad --Or Mom, Too! (revised), by George Newman
- Child Custody: Building Parenting Agreements That Work (3rd Ed), by Mimi Lyster

- Co-Parenting After Divorce: How to Raise Happy, Healthy Children in Two-Home Families, by Diana Shulman

- Dear Mom and Dad: What Kids of Divorce Really Want to Say to Their Parents, by Gillian Rothchild

- Divorced Dads: Shattering the Myths, by Sanford Braver

- "Does Wednesday Mean Mom's House or Dad's?" Parenting Together While Living Apart, by Marc Ackerman

- Families Apart: Ten Keys to Successful Co-Parenting, by Melinda Blau

- For Better, for Worse: Kids Tell the Truth About Divorce & Remarriage, by Janet Bode

- Helping Your Kids Cope with Divorce the Sandcastles Way, by M. Gary Neuman

- How to Avoid the Divorce From Hell - and Dance Together at Your Daughter's Wedding, by M. Sue Talia

- Mom's House, Dad's House: A Complete Guide for Parents Who Are Separated, Divorced, or Remarried, Revised Edition, by Isolina Ricci

- Rebuilding: When Your Relationship Ends (3rd Edition), by Bruce Fisher

- The Custody Wars: Why Children Are Losing the Legal Battle and What We Can Do About It, by Mary Ann Mason

- The Good Divorce: Keeping Your Family Together When Your Marriage Comes Apart, by Constance Ahrons

- The Healthy Divorce, by Craig Everett & Sandra Volgy Everett

- Growing up with Divorce, by Neil Kalter
- The Enlightened Stepmother, by Norwood and Wingender

- Step-family Realities, by Newman

- Surviving and thriving as a blended family, by Wilde

- Other People's Children, by Trollope

For Children

(Ages 4 - 8)

- Always My Dad, by Sharon Dennis Wyeth

- Dinosaurs Divorce: A Guide for Changing Families, by Laurene Krasny Brown & Marc Brown

- I Don't Want to Talk About It, by Jeanie Franz Ransom

- It's Not Your Fault, Koko Bear: A Read-Together Book for Parents & Young Children During Divorce, by Vicki Lansky

- Mom and Dad Don't Live Together Anymore, by Nancy Lou Reynolds

- My Parents Still Love Me Even Though They're Getting Divorced: An Interactive Tale for Children, by Lois Nightingale

(Ages 8 - 15)

- The Case of the Scary Divorce, by Carl Pickhardt

(Ages 9 - 12)

- Divorce Is Not the End of the World: Zoe's And Evan's Coping Guide for Kids, by Ellen Sue Stern et al

- It's Not the End of the World, by Judy Blume

- My Parents Are Divorced, Too: A Book for Kids by Kids, by Jan Blackstone-Ford, et al

(All Ages)

- How It Feels When Parents Divorce, by Jill Krementz
- Through the Eyes of Children: Healing Stories for Children of Divorce, by Janet Johnston, Editor

Website Resources

- AzAfcc.org
- Divorcesource.com
- Divorcehelp.com
- Divorcemag.com
- Divorcecentral.com
- Divorceasfriends.com
- Divorcenet.com
- Divorce-online.com
- Nocourtdivorce.com
- Superiorcourt.maricopa.gov
- Famylsupportcenter.com
- Co-parenting.com
- Collaborative-divorce.com

- Collaborativedivorcebc.org
- Step-parenting.com

- Openhere.com

- Cyberparent.com

- Step-parent.com

- Stepfamily.net

II. CHILD DEVELOPMENT ISSUES

CHILD DEVELOPMENT

- Handbook of Infant Development, 2nd Ed., by Joy Osofsky
- The Portable Pediatrician, by Laura Nathanson
- The Portable Pediatrician Guide to Kids: Your child's physical and behavioral development from age Five to Age Twelve, by Laura Nathanson
- Touchpoints, by T. Berry Brazelton
- Your Baby and Child: Birth to five, by Penelope Leach
- Child of Mine, by Ellyn Satter
- Your Growing Child: Babyhood to adolescence, by Penelope Leach
- The Interpersonal World of the Infant, by Daniel Stern
- The Difficult Child, by Stanley Turecki
- Raising Your Spirited Child, by Mary Sheedy Kurcinka
- The Optimistic Child, by Martin Seligman

ADHD

- Managing Attention Deficit Hyperactivity Disorder in Children : A Guide for Practitioners, by Sam Goldstein, Michael Goldstein, Clare B. Jones, Lauren Braswell & Susan M. Sheridan
- Taking Charge of ADHD, by Russell Barkley
- ADHD in the Schools: Assessment and Intervention Strategies, by George J. DuPaul & Gary Stoner
- How to Reach and Teach ADD/ADHD Children: Practical Techniques, Strategies, and Interventions for Helping Children with Attention Problems, by Sandra F. Rief

AUTISM

- Autism Treatment Guide, by Elizabeth Gerlach, Four Leaf Press
- A Parent's Guide to Autism, by Charles Hart, Simon & Schuster
- Children with Autism: A Parent's Guide, by Michael Powers, Woodbine House
- Parent Survival Manual, by Eric Schopler, Plenum Press
- Autistic Children, by Lorna Wing, Carroll Publishing
- Let Me Hear Your Voice: A Family's Triumph Over Autism, by Catherine Maurice
- Behavioral Intervention for Young Children with Autism, by Catherine Maurice
- The Child with Special Needs, by Greenspan and Wieder

LEARNING DISABILITIES

- How to Reach and Teach All Students in the Inclusive Classroom, by Sandra F. Rief & Julie A. Heimburge
- Educational Care a System for Understanding and Helping Children with Learning Problems at Home and in School, by Mel D. Levine
- Keeping a Head in School : A Student's Book about Learning Abilities and Learning Disorders, by Mel D. Levine
- All Kinds of Minds: A Young Student's Book About Learning Abilities and Learning Disorders, by Mel D. Levine