MINDFUL PRACTICE: STRENGTHENING FAMILIES IN TRANSITION

36TH ANNUAL CONFERENCE
ASSOCIATION OF FAMILY AND CONCILIATION COURTS,
ARIZONA CHAPTER

JANUARY 27-29, 2017

Hilton Sedona Resort at Bell Rock

REGISTER AT:
www.eventbrite.com/e/mindful-practice-strengthening-families-in-transition-tickets-28949758507
About Us

The Arizona Chapter of the Association of Family and Conciliation Courts ("AZAFCC") is a non-profit organization committed to professional excellence and improving the lives of children and families. AZAFCC members enjoy all of the benefits received by joining AFCC’s international organization and special programs and information tailored to be locally relevant.

Mission

The AFCC is an interdisciplinary association of professionals dedicated to improving the lives of children and families through the resolution of family conflict. AFCC promotes a collaborative approach to serving the needs of children among those who work in and with family law systems, encouraging education, research and innovation and identifying best practices.

AZAFCC employs the mission of AFCC and promotes a collaborative approach to serving the needs of children among those who work in the family law system. AZAFCC encourages education, research, and innovation while also identifying best practices for all professionals serving families.

JOIN TODAY!

As a member of the AFCC, you will receive:

- Discounts on registration for Chapter and International conferences, symposia, trainings, and other educational events;
- AFCC Journal: Family Court Review;
- A list of AFCC publications and pamphlets;
- Access to the Members Only Internet Discussion Groups on critical issues in family law; and
- Access to the Members Only Member Directory to connect with professionals around the world.

Current Member Rates:

AFCC:  
- Individual: $160.00
- Student: $25.00
- Institutional: $390.00

AZAFCC:  
- Individual: $50.00
- Student: $10.00
- Institutional: $60.00

To join AZAFCC, you must simultaneously join AFCC by registering online at https://afcc.networkats.com/members_online/members/newmember.asp?action=
A limited number of scholarships are available each year for students and new and/or young professionals interested in learning about working with families involved in the legal system. If you know someone interested in working in this area, specifically students and new and/or young professionals in law, psychology, counseling, social work, or any other field associated with family law and mental health, please encourage them to apply!

Interested applicants should access the following link to go to the scholarship survey application:

https://www.surveymonkey.com/r/K52BL88

Scholarships cover registration and include off-site lodging. If you know a student or new and/or young professional who has questions regarding scholarships, please have him or her send an email to:

azafccscholarships@gmail.com

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2016-2017 BOARD OF DIRECTORS

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REGISTRATION INFORMATION

Pre-Conference Institute:
- Member $150.00
- Non-member $180.00
- Student $50.00

Conference:
- Early Bird* Member $275.00
- Early Bird* Non-member $325.00
- Member $300.00
- Non-member $350.00
- Speaker $210.00
- Student $200.00
- Guest meals $175.00
- Certificate of Attendance $15.00

*THE EARLY BIRD FEE WILL END ON FRIDAY, JANUARY 13, 2017 @ 5 P.M.

Registration includes all plenaries and workshops plus the breakfast buffet and lunch on Saturday, continental breakfast on Sunday, and the hospitality suite.

Registration Link:

For specific conference questions that are not answered on the Eventbrite registration page, please email: arizonaafcc@gmail.com

Cancellation Policy: Registrant must send email to maaron5879@aol.com. Cancellations after January 24, 2017 will result in a refund of registration fee less $35.00 and any other costs incurred by AZAFCC as a result of the cancellation.

CONTINUING EDUCATION ("CE") & CONTINUING LEGAL EDUCATION ("CLE") CREDITS

The Pre-Conference Institute and Conference plenaries and workshops may qualify for 12.5 hours of CE* & CLE credits, with 2.0 hours qualifying as Ethics credits.

*The Association of Family and Conciliation Courts “AFCC” is approved by the American Psychological Association to sponsor continuing education for psychologists. AFCC maintains responsibility for the program and its content.
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<tr>
<th>Time</th>
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<tr>
<td>12:00 p.m.</td>
<td><strong>REGISTRATION</strong></td>
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| 12:45 p.m. - 5:00 p.m. | **PRE-CONFERENCE INSTITUTE**: The Silent Witness: Clinical and Legal Implications of Childhood Exposure to Domestic Violence: Rebecca Brown, M.S.W., LCSW; Aurora Smaldone, J.D.  
Moderator: Rebecca Stahl, J.D. |
| 6:00 p.m. - 7:30 p.m. | **WELCOMING REMARKS**: Michael Aaron, J.D., AZAFCC President  
PLENARY: Practicing with Mindfulness: The Importance of Being Heard with a Twist of Franz Kafka: Hon. Bruce R. Cohen; Gabriel Goltz, M.A. |
| 7:30 p.m. - 9:30 p.m. | **RECEPTION AND SILENT AUCTION**                                      |
| 9:30 p.m. - 11:00 p.m. | **HOSPITALITY SUITE**                                                  |

**Saturday, January 28, 2017**

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| 6:30 a.m. - 7:15 a.m.     | **MINDFULNESS YOGA**: Rebecca Stahl, J.D.  
**BREAKFAST BUFFET**          |
| 7:30 a.m. - 8:45 a.m.     | **PLENARY**: The Mindful Practitioner: A Multi-Disciplinary Perspective: Hon. Dianna Gould-Saltman; Annette Burns, J.D., AFCC President-Elect; Philip Stahl, Ph.D.; Matt Sullivan, Ph.D.  
Moderator: Rebecca Stahl, J.D. |
| 8:45 a.m. - 10:15 a.m.    | **BREAK**                                                             |
| 10:15 a.m. - 10:30 a.m.   | **WORKSHOPS**:                                                        |
| 10:30 a.m. - 12:00 p.m.   | A.1 Addiction and Family: Stacey Beck, M.C., LAC, LASAC; Greg Davis, J.D.; Robert DiCarlo, M.A., LAC, NCC; Soberlink Rep.  
Moderator: Hon. Carey Hyatt (ret.) |
|                           | A.2 The Mindful Practitioner: A Multi-Disciplinary Perspective: Hon. Dianna Gould-Saltman; Annette Burns, J.D., AFCC President-Elect; Philip Stahl, Ph.D.; Matt Sullivan, Ph.D.  
Moderator: Benjamin Deguire, J.D. |
Saturday, January 28, 2017

10:30 a.m. - 12:00 p.m. | A.3 Techniques and Ethical Considerations for Judicial Officers and Lawyers Working with Self-Represented People: Hon. Jack Assini; Hon. Lisa Bibbens; Hon. Dean Christoffel
Moderator: Connie Beck, Ph.D.

12:00 p.m. - 1:00 p.m. | LUNCH AND RAFFLE

1:00 p.m. | SILENT AUCTION CLOSES

1:45 p.m. - 3:15 p.m. | WORKSHOPS:
B.1 911 in Family Court: A Field Guide on Criminal/Mental Health/Domestic Abuse Issues for Judges, Litigators, and Mental Health Professionals: Hon. Ronee Korbin Steiner; Flynn Carey, J.D.; Ellie Izzo, Ph.D.
Moderator: Norma Izzo, J.D.
B.2 Children Testifying --- What Do We Do?: Edith Croxen, J.D., Jennifer Duchsere, Ph.D. candidate; Rebecca Stahl, J.D.
Moderator: Rebecca Stahl, J.D.
B.3 At the Intersection of Assisted Reproductive Technology (“ART”) and Arizona Family Law: Looking for Direction: Thomas Beatie; David Horowitz, J.D.; Claudia Work, J.D.
Moderators: Timea Hargesheimer, J.D.; Julie Skakoon, M.C., LPC

3:15 p.m. - 3:30 p.m. | BREAK

3:30 p.m. - 5:00 p.m. | 2015–2016 SUMMIT PROJECT: Child Sexual Abuse: Assessment and Early Intervention for Alleged Abusers, Protective Parents, and the Child Who Alleges Sexual Abuse: Hon. Suzanne Cohen; Diana Vigil, M.A., LPC, RPT
PLENARY: Working to Preserve Families: The Pima County DAP: Hon. Cathleen Linn; Hon. Kathleen Quigley; Jennifer Sanders, J.D.
Moderator: Stacey Brady, J.D.

5:15 p.m. - 5:45 p.m. | ANNUAL MEMBERSHIP MEETING

6:30 p.m. - 9:00 p.m. | DINNER ON YOUR OWN

9:00 p.m. - 11:00 p.m. | HOSPITALITY SUITE
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CONFERENCE HOTEL ACCOMMODATIONS

Hilton Sedona Resort at Bell Rock
90 Ridge Trail Drive, Sedona, Arizona 86351
(928) 284-4040

Book directly with Hilton, but be sure to indicate that you are attending the AZAFCC Conference to secure the Conference rate guaranteed through December 23, 2016!

The Conference rate is $219.00 per night (plus tax and resort fees) for either a standard room (single or double) or one bedroom suite (single or double).

Alternate Hotels:

Garland’s Oak Creek Lodge: (928) 890-4023; http://garlandslodge.com
Wildflower Inn: (928) 284-3937; http://www.sedonawildflower.com
Views Inn Sedona: (928) 284-2487; http://viewsinn.com
Days Inn Kokopelli: (928) 284-1100; http://www.daysinnkokopelli.com
Desert Quail Inn: (928) 284-1433; http://www.desertquailinn.com
The Silent Witness: Clinical and Legal Implications of Childhood Exposure to Domestic Violence

Panel: Rebecca Brown, M.S.W., LCSW; Aurora Smaldone, J.D.
Moderator: Rebecca Stahl, J.D.

This institute will provide an overview of the current research on childhood exposure to domestic violence, including short and long-term impacts, neurobiological consequences, traumatic stress symptomology, and proven protective factors. Using this foundation, legal and behavioral health strategies for maximizing child well-being in the aftermath of domestic violence exposure will be explored in detail. Strategies include:

- Providing trauma-informed legal representation
- Supporting clients with domestic violence histories in the courtroom
- Connecting children to evidence-based trauma treatment and trauma-informed services
- Collaborating with mental health clinicians
- Bringing domestic violence exposure research into the courtroom
- Self-care and mitigating the effects of secondary traumatic stress

This workshop will culminate in an activity which offers participants the opportunity to apply lessons learned through a problem-based interactive learning case exercise. Co-facilitated by an attorney/clinician team with extensive collaboration experience regarding the intersection of behavioral health and law, the issue of childhood exposure to violence will be examined through an interdisciplinary frame.

WELCOMING REMARKS BY
MICHAEL AARON, J.D.,
AZAFCC PRESIDENT &
FRIDAY NIGHT PLENARY
6:00 P.M. - 7:30 P.M.

Practicing with Mindfulness: The Importance of Being Heard with a Twist of Franz Kafka

Panel: Honorable Bruce R. Cohen; Gabriel Goltz, M.A.

Studies in the area of Procedural Fairness/Procedural Justice have made it clear that litigants benefit greatly not just from the rulings issued, but also from how they are treated in the process. This must be of even greater importance in the area of family law, where rulings have a prospective application for families in transition. Using Franz Kafka’s “The Trial” as the focal point, this program will highlight how litigants perceive litigation and then will apply why their perceptions are the cornerstone to whether they embrace the outcome. In those circumstances where parent satisfaction with the process is greater, there are tangible resulting benefits to children.
FRIDAY NIGHT RECEPTION & SILENT AUCTION
7:30 P.M. - 9:30 P.M.

HOSPITALITY SUITE
9:30 P.M. - 11:00 P.M.

SATURDAY MORNING YOGA
6:30 A.M. - 7:15 A.M.

Mindfulness Yoga
Yogi: Rebecca Stahl, J.D.

SATURDAY MORNING BREAKFAST
7:30 A.M. - 8:45 A.M.

SATURDAY MORNING PLENARY
8:45 A.M. - 10:15 A.M.

The Mindful Practitioner: A Multi-Disciplinary Perspective

Panel: Honorable Dianna Gould-Saltman; Annette Burns, J.D., AFCC President-Elect; Philip Stahl, Ph.D.; Matt Sullivan, Ph.D.
Moderator: Rebecca Stahl, J.D.

This plenary will address from four perspectives the way in which each profession has the ability to practice from a perspective that goes beyond the respective rules of professional responsibility and ethics, and into the realm of mindfulness, where more than the surface of what’s going on is being considered. We will distinguish mindfulness from ethics, morals, and “decent behavior,” and address the benefits to the practitioner as well as others with whom the practitioner works in maintaining a mindful practice.

SATURDAY “A” WORKSHOPS
10:30 A.M. - 12:00 P.M.

A.1 Addiction & Family: Surveying the Damage, Implementing Solutions, and Considerations for Court and Advocates

Panel: Stacey Beck, M.C., LAC, LASAC; Greg Davis, J.D.; Robert DiCarlo, M.A., LAC, NCC; Soberlink Representative
Moderator: Honorable Carey Hyatt (ret.)
This presentation will address the damage addictions and addictive behaviors cause within the family dynamic and solutions that can be employed by family members, the community, counsel, and the courts. Addiction is a worldwide epidemic that touches countless families, always negatively. It affects not only the addict, but the children, spouse, and other loved ones of the addict, as well. While the damage must be accounted for and addressed, this presentation will not spend an undue amount of time in the problem, but rather will address the solutions which are tried and true, along with some cutting edge technology available to help counsel and the courts with parenting plans.

A.2 The Mindful Practitioner: A Multi-Disciplinary Perspective

Panel: Honorable Dianna Gould-Saltman; Annette Burns, J.D., AFCC President-Elect; Philip Stahl, Ph.D.; Matt Sullivan, Ph.D.
Moderator: Benjamin Deguire, J.D.

With the use of examples, this workshop will detail how common situations encountered by practitioners within the context of child custody might be approached in a way that is not mindful, a way that is mindful, and the outcomes of each.

A.3 Techniques and Ethical Considerations for Judicial Officers and Lawyers Working with Self-Represented People

Panel: Honorable Jack Assini; Honorable Lisa Bibbens; Honorable Dean Christoffel
Moderator: Connie Beck, Ph.D.

In family law matters especially, whether dealing with child issues or not, it is critical that the decision-maker has the best available information to make a good decision, and self-represented people can be at a distinct disadvantage in this area. Family law cases frequently have power imbalances, especially when domestic violence is present. This adversely affects information-gathering, negotiations, decision-making, and even the ability to stand up and voice a contrary position without fear or defensiveness. We need to recognize and deal with a system that often discourages and overwhelms participants, which can result in poor legal outcomes and a decrease in effective parenting. We will present creative solutions to conflict resolution in a courtroom setting by addressing procedural justice, simplified language, and evidence acquisition and presentation, increasing court-provided assistance, and improving information and training services. The presentation will address current and new developments in ethical rules and decisions applicable to judicial officers and attorneys working with self-represented people.
child-related proceedings often involve child abuse, domestic partner abuse, mental illness, and addiction issues. such matters are raised in hearings for temporary orders, emergency relief, legal decision-making and parenting time, and in hearings on modification of such orders. some allegations are valid and some are not. litigators, mental health professionals, and judges must sometimes contend with incomplete or inaccurate information about issues that could have a profound impact on the family. this presentation will explore the intersection of criminal allegations, mental health/addiction issues, and the court process. the presenters will discuss how to address such issues in and out of the courtroom.
B.3 At the Intersection of Assisted Reproductive Technology (“ART”) and Arizona Family Law: Looking for Direction

Panel: Thomas Beatie; David Horowitz, J.D.; Claudia Work, J.D.
Moderators: Timea Hargesheimer, J.D.; Julie Skakoon, M.C., LPC

For many couples, making children “the old-fashioned way” is not an option. From artificial insemination to in-vitro fertilization to surrogacy using genetic material from one, two, or three people, an untold number of married and unmarried Arizona residents have used ART to make their dream of having a child a reality. Thomas Beatie, “the Pregnant Man,” used artificial insemination for his three pregnancies during his transition from woman to man and will share his fascinating story. This session will also explore how to navigate Arizona law that completely ignores (or outright condemns) the realities of ART-created families to provide the best outcome for the resulting children.

2015-2016 SUMMIT PROJECT & SATURDAY AFTERNOON PLENARY
3:30 P.M. - 5:00 P.M.

Summit Project: Child Sexual Abuse: Assessment and Early Intervention for Alleged Abusers, Protective Parents, and the Child Who Alleges Sexual Abuse

Panel: Honorable Suzanne Cohen; Diana Vigil, M.A., LPC, RPT

Plenary: Working to Preserve Families: The Pima County Dependency Alternative Program (“DAP”)

Panel: Honorable Cathleen Linn; Honorable Kathleen Quigley; Jennifer Sanders, J.D.
Moderator: Stacey Brady, J.D.

Participants will learn the reasons why the Pima County Dependency Alternative Program (“DAP”) was created and understand the program development process for possible application in other counties. Access to justice is provided to families through an opportunity to avoid involvement in a dependency case when family law or guardianship orders will keep children safe. The family meets with an advisory counsel and participates in a settlement conference. If an agreement is reached, a hearing is held for entry of orders the same day. Join us to learn additional details about the Pima County DAP.

MEMBERSHIP MEETING
5:15 P.M. - 5:45 P.M.

ANNUAL MEETING
DINNER ON YOUR OWN
6:30 P.M. - 9:00 P.M.

Bon appétit

HOSPITALITY SUITE
9:00 P.M. - 11:00 P.M.

SUNDAY MORNING YOGA
6:30 A.M. - 7:15 A.M.

Mindfulness Yoga
Yogi: Rebecca Stahl, J.D.

SUNDAY MORNING BREAKFAST
7:30 A.M. - 8:30 A.M.

SUNDAY MORNING ETHICS PLENARY
8:30 A.M. - 10:15 A.M.

mindful

Professional Ethics Across Disciplines: Responding to the Call for a Trauma-Responsive System

Panel: Karen Largent, M.S.W., LCSW; Zena D. Zumeta, J.D.
Moderators: Paul Bennett, J.D.; Stacey Brady, J.D.

The nature and prevalence of trauma requires us to respond by applying the principles of Trauma-Informed Care to all aspects of our practice, programs, and organizations. To be effective, we need to create a trauma-responsive culture, which can only follow larger systems change across disciplines and systems. Where are we in that process? What next steps are needed? What is our ethical duty? We will answer these questions and more during this workshop.
**SUNDAY “C” WORKSHOPS**
9:45 A.M. – 10:45 A.M.

**C.1  Mental Health Ethics: Writing Ethically-Sound Reports**

*Panel:* Faren Akins, Ph.D., J.D.; Sidney Buckman, M.A.; Diana Vigil, M.A., LPC, RPT
*Moderator:* Diana Vigil, M.A., LPC, RPT

Abbreviated sample reports for a Parenting Coordinator case, a Safe Harbor therapy case, and an Evaluation case will be reviewed. An interactive presentation style will be used to discuss scenarios, fact patterns, conclusions, and recommendations.

The program is designed to help attendees examine best practice standards and ethical concerns.

**C.2  Legal Ethics: Dealing with Difficult Lawyers and Difficult Clients**

*Panel:* Honorable Ken Sanders; Paul Bennett, J.D.
*Moderator:* Paul Bennett, J.D.

This session will focus on the ethical issues associated with “that (bleep) client” and “that (bleep) lawyer.” You know who they are.

**C.3  Mediation Ethics: Trauma-Responsive Mediation**

*Panel:* Karen Largent, M.S.W., LCSW; Zena D. Zumeta, J.D.
*Moderator:* Stacey Brady, J.D.

This session will apply the principles of a Trauma-Responsive Approach along with the Model Standards of Conduct for Mediators, the Model Standards of Practice for Family and Divorce Mediation, and the Guidelines for Child Protection Mediation.

Using demonstrations and exercises, mediators will learn to recognize trauma impacts in mediation and strategies to address them.